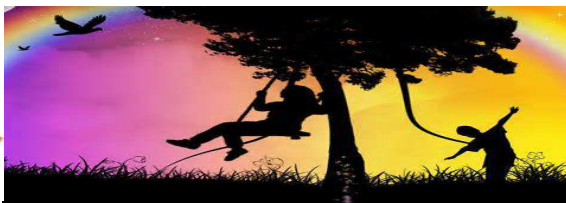


August 2014
Hi Lites of
Lutheran Manor





Bienvenidos

**Perfecto Cobian 509
Catalina Fuentes 1006**

August 2 (Saturday)	Coffee & Donuts	9:00 a.m.	Lounge
August 2 (Saturday)	Pinochle Party	12:30 p.m.	Lounge
August 4 (Monday)	Movie– “42” <i>The Jackie Robinson Story</i>	11:30 a.m.	Conf Room
August 7 (Thursday)	Books are Fun Book Fair	10:00 a.m.	Lounge
August 7 (Thursday)	Blood Pressure Check	6:00 p.m.	Lounge
August 8 (Friday)	Second Harvest-Food Delivery Box	11:00 a.m.	Patio
August 10 (Sunday)	Pizza Party	5:00 p.m.	Lounge
August 11 (Monday)	Speaker-Shingles	2:00 p.m.	Lounge
August 12 (Tuesday)	Speaker-Senior Emergency Preparedness Workshop	1:00 p.m.	Lounge
August 13 (Wednesday)	Massage by Appointments	9:00 a.m.	Conf Room
August 13 (Wednesday)	Computer Class	6:00 p.m.	Computer Rm
August 16 (Saturday)	Manicures by Appointments	9:00 a.m.	Lounge
August 18 (Monday)	Apartment Inspections	8:30 a.m.	Floors 11 & 10
August 19 (Tuesday)	Apartment Inspections	8:30 a.m.	Floors 9 & 8
August 20 (Wednesday)	Apartment Inspections	8:30 a.m.	Floors 7 & 6
August 21 (Thursday)	Apartment Inspections	8:30 a.m.	Floors 5 & 4
August 21 (Thursday)	DVD-Hollywood Music	10:00 a.m.	Lounge
August 22 (Friday)	Apartment Inspections	8:30 a.m.	Floors 3-2-1
August 24 (Sunday)	<i>Social - Robin & Jim</i>	5:00 p.m.	Lounge
August 25 (Monday)	Movie-“42” <i>The Jackie Robinson Story</i>	11:30 a.m.	Lounge
August 27 (Wednesday)	Computer Class	6:00 p.m.	Computer Rm
August 30 (Saturday)	<i>Social – Jack & Friends</i>	5:00 p.m.	Lounge



Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	1 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Walkers Club	Every Friday	9 a.m.	Outside
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:30 p.m.	Patio
Yarns Around	Every Sunday	1:30 p.m.	Patio

Claudie's Corner

TRADITIONS of HANOVER At Home

Monday, August 11 at 2:00 pm

A Nurse from Southeastern Home Health Services will be here to talk to you about **Shingles**.



She will tell you about: **Symptoms, Treatment, Possible Complications, Prevention.**

Refreshments will be served!

American Red Cross will be here on Tuesday, **August 12th** at 1:00 pm. In the Lounge.

Senior Emergency Preparedness

To make sure you are well-prepared for **potential disasters** and other **emergencies**. These events can strike suddenly, at anytime and anywhere. There are **three actions** everyone can take that can help make a difference:

Get a Kit, Make a Plan and Be Informed.



Books Are Fun Book Fair



Thursday, **August 7th**, from 10:00-4:00
in the Lounge.



- Adult Best Sellers
- Children's
- Cookbook
- Religious
- Diet & Health



Family and Friends are Welcome!

- Gifts
- Stationery
- Home
- Kitchen
- Accessories
- Music



events

Saturday	9/06	Coffee & Donuts		9:00 a.m.
Saturday	9/06	Pinochle Party		12:30 p.m.
Sunday	9/07	Labor Day Picnic	The Ultimate Sound	12:00 p.m.
Saturday	9/20	Soup & Hot Dogs	Marty & Dee	12:00 p.m.
Wednesday	9/17	Birthday Party	Lehigh Valley Folk	5:00 p.m.

Lutheran Manor Floor Lobby

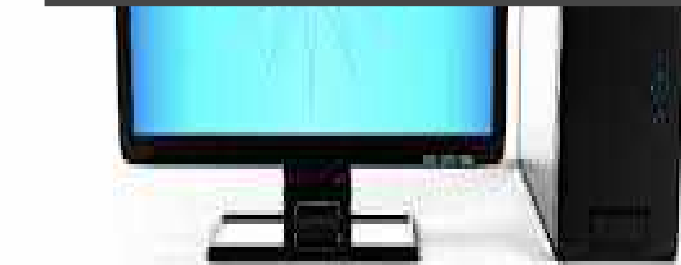


WE  **IT.**

FREE Computer Classes

Wednesday, August 13 & 27

6-8 pm



New Hours!

Tai Chi



Every Friday,
12:30 p.m. Patio



Tai Chi For Seniors

Yarns Around Group

Meets every Sunday

at 1:30 pm

In the Patio.



Massage Therapy



**Wednesday, August 13th
9:00-4:30**

If you are interested
in getting a massage,
please **sign-up**
with Claudie.

**Price: \$20.00 1/2 hour
\$40.00 1 hour**

Come down and **Sing-A-Long**
with Gladys playing the piano.



**Every Wednesday
At 3:00-4:00 p.m.
In the Lounge**

Coffee & Donuts

Saturday, August 2nd
9:00 a.m. to 10:30 a.m.

\$1.00 coffee

\$1.00 donut

\$1.00 additional donut

Friends and Family

Welcome



WALKERS CLUB



Every Friday

9:00 am

Join the fun.



Mr. Peabody & Miz Daisy

Will **NOT** be here this
month.

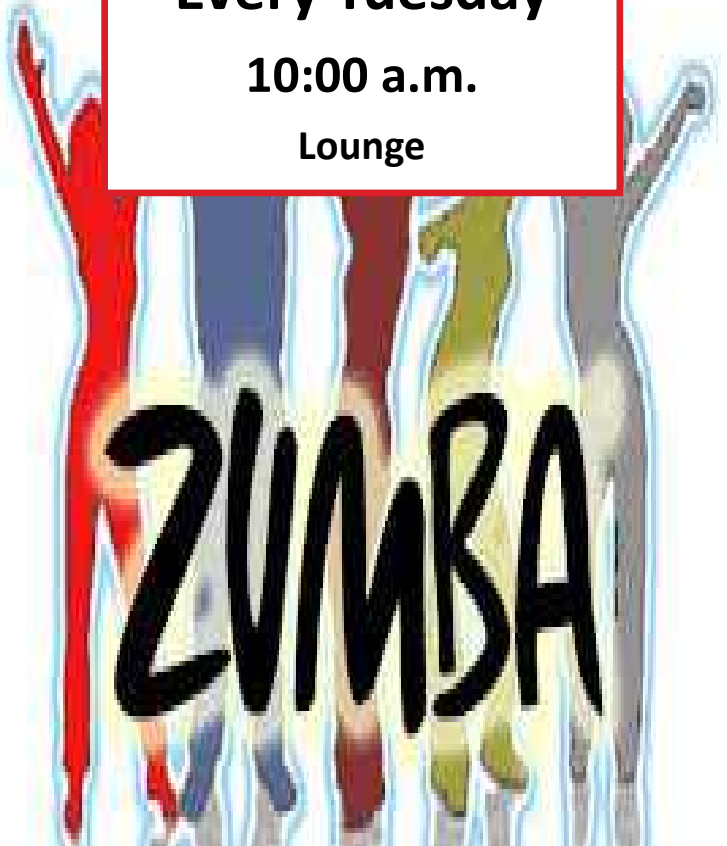
going on
VACATION

ZUMBA

Every Tuesday

10:00 a.m.

Lounge





**Linda will be here to do
Manicures.
Saturday, August 16th**



Blood Pressure Check
Every 1st Thursday
of the Month
6:00 pm/ In the Lounge

See Claudie for an appointment.



Van Passengers when you are riding the Van please make sure **NOT** to leave any of your **personal items** in the Van. If you have **trash** make sure to **remove it** before you leave the Van. Look around to see if you **dropped** something on the **floor** or left something. We have a **beautiful Van** and we want to continue to keep it nice and clean.

CLEAN UP! TRASH YOUR TRASH



Apartment Inspections

Dear Residents,

We are required by the Department of Housing and Urban Development to biannually inspect all equipment in Lutheran Manor's units. This inspection will include Plumbing, Heating/AC, Electrical, Appliances, Windows, Carpeting, and Paint.

Due to our tight schedule the maintenance department will start their inspections at 8:30 am on:

Monday	August 18	Floors 11 and 10
Tuesday	August 19	Floors 9 and 8
Wednesday	August 20	Floors 7 and 6
Thursday	August 21	Floors 5 and 4
Friday	August 22	Floors 3-2-1

You do **NOT** have to do anything for this inspection. You do not have to be home, but if you are not home on these days, maintenance will enter your apartment and do their inspection.

We thank you in advance for your cooperation in this matter.

Bob, Ken, and Donny
Maintenance Department



Legally Gray

HILARIOUS COMEDY

Thursday, September 18

Coffee & apple streusel cake served
Jewelry & gifts available

11:30 AM

Family Style Meal • Seasonal Fall Menu

Tomato Juice • Broccoli Salad

Roast Pork • Roast Turkey & Stuffing • Penne a la Vodka

Caramel Apple Crisp

1:30 PM

Legally Gray

Live on Stage by Tonylou Productions

Matt & Marie, who just turned 62, have decided to apply for early Social Security so they can travel, take it easy and really enjoy life. Their lives change overnight when their 30 year old daughter abandons her acting 'career' and returns home.

Followed by Marie's 93 year old mother blowing her life's savings on the slot machines and moving in with them. When Grandma gets a 'revealing' part in an R-rated movie and the daughter doesn't, the play moves towards a hilarious-but-poignant resolution.

Will Matt & Marie ever get to enjoy their retirement!?

3:30 PM Snack Before Departure

Cost: \$39.00

Van departs at 8:15 AM

**T
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Tickets on Sale Now

See Claudie

**Ehrhardt's Waterfront Banquet Center on
Lake Wallenpaupack, Hawley, PA**





42 The Jackie Robinson Story



The story of Jackie Robinson from his signing with the Brooklyn Dodgers organization in 1945 to his historic 1947 rookie season when he broke the color barrier in Major League Baseball.

August 4th & August 25th

11:30 am in the Conference Room

Grab the popcorn because its



MOVIE MONDAY!!!

SIGN UP NOW



With Claudie

Note from the Manager...

We are having a very pleasant summer this year. Great weather and many exciting things are going on at Lutheran Manor. We decided to re-landscape all the areas surrounding the building. All of the flower beds look better than ever! I hope you get a chance to walk the grounds and enjoy the new scenery. It is very tranquil and pleasing to the eye. We are going to be finishing up our "lobby" projects soon. We have two remaining floors and "touch-ups" yet in order to call the job complete. This project as well, turned out better than we imagined. The updated floor lobbies are brighter, more inviting and the TV message boards will continue to keep you updated with our events, trips and latest news at Lutheran Manor, without leaving your floor. As always, we appreciate your patience and cooperation during our renovations. We are proud to say that Lutheran Manor is a GREAT place to live, work and play....

Stay tuned, we have some exciting projects in mind for the future.... ☺

Courtney Doheny

Property Manager



Circle Line Sightseeing Cruise



MONDAY, SEPTEMBER 22

NY, NY – 12:30 p.m **Full Island Cruise**, cruise around the **Island of Manhattan** while taking in more than 101 sights including a close-up view of the **Statue of Liberty & the world famous Brooklyn Bridge**. The Full Island Cruise is approximately **2.5 hours**.

Cost: \$29.00 and a standard Deli Lunch \$12.00– All Sandwiches come with chips, cookies, soda or water **Total Cost: \$41.00**.

If you are attending this event and would like a lunch fill out form and return to Claudie.

Lunch Menu

	<u>Hero</u>	<u>Wrap</u>
1. Turkey Sandwich Ovengold Turkey, Provolone Cheese, Lettuce and Tomato	_____	_____
2. Ham Sandwich Deluxe Ham, Swiss Cheese, Lettuce and Tomato	_____	_____
3. Cheese Trio Provolone, American and Swiss Cheese, Lettuce and Tomato	_____	_____
4. Chicken Caesar Grilled Chicken Caesar, Lettuce, Parmesan Cheese and Creamy Caesar Dressing	_____	_____
5. Home-Style Chicken Salad Chicken Salad, Celery, Lettuce and Tomato	_____	_____
6. Home-Style Tuna Salad Tuna Salad, Celery, Lettuce and Tomato	_____	_____
7. Home-Style Egg Salad Freshly Chopped Egg Salad, Celery, Lettuce and Tomato	_____	_____
8. Garden Salad Romaine Lettuce, Spinach, Cucumbers, Onions, Olives, Tomatoes, Ranch Dressing with Focaccia Bread	_____	_____
Add a Circle Line Souvenir Soda Cup with Free Refills for \$4.00 per person.	_____	_____

Name: _____

Apt: _____

PIZZA PARTY



Sunday August 10, 2014

5 p.m. in the Lounge

Doors open at 4 p.m.

Menu:

2 slices of pizza (with cheese or pepperoni topping) Lettuce w/assorted dressing, Ice Cream, Coffee or tea, Soda \$1.00

Cost:

\$5.00 per person

\$6.00 per guest (limit 2)

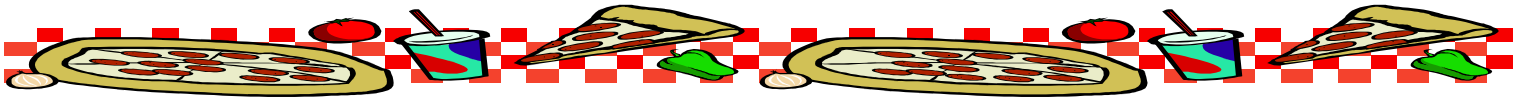
Entertainment by:

Tony Farina



50/50 Drawing 3 for \$1.00

Coordinator: Ronnie Clifford



Pizza Party

Put slip under Marge Bachemin's door #705 with cash in envelope.

Deadline for reservations is Wednesday, August 6.

Name: _____ Apt# _____ Phone: _____

Choice of 2 slices of Pizza: _____ (2) Cheese, or _____ (2) Pepperoni

(Both slices must be the same kind) # of Guests _____

Labor Day Picnic

Sunday, September 7, 2014

Food served from 1:00 - 1:30 pm in the Lounge

Doors open at Noon

Menu:

HAMBURGER BBQ

SAUSAGE on ROLL

PEPPERS & ONIONS

BAKED BEANS

POTATO SALAD

CREAMED CABBAGE

POTATO CHIPS

FRUIT

DESSERT

COFFEE or ICE TEA

Soda \$1.00

Entertainment by: The Ultimate Sound



Cost:

\$10 per person

\$12 per guest
(limit two)

50/50 Drawing 3 for \$1.00

Coordinator: Ronnie Clifford

LABOR DAY PICNIC

Place slip in an envelope with cash and slide it under Marge Bachemin's door Apt #705.

Name: _____ Apt# _____

Phone: _____ # of Guests _____

Deadline for Reservations, Wednesday, September 3rd



Refreshments

SOCIAL

Sunday, August 24

4 pm Doors open
5 pm Refreshments
6 pm Entertainment

EASY LISTENING MUSIC

Entertainment by:
Robin & Jim



wii

Bowling

Interested in joining *Lutheran Manor*
Wii Bowling League?

We will hold practice and try out for
any new players on:

Friday, August 15, 22, 29

at 5:30 pm in the Lounge

For more information Contact
Adam Fekula, Apt# 1109,
610-428-3772

Gospel Music Spectacular

SOCIAL

Saturday, August 30

FIFTY | FIFTY
RAFFLE

*Light
Refreshments
SERVED

ENTERTAINMENT BY:

Jack & Friends

4 pm Doors open
5 pm Refreshments
6 pm Entertainment



FROM THE CHAPLAIN...

"Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you." Ephesians 4:32



Two boys walked down a road that led through a field. The younger of the two noticed a man toiling in the fields of his farm, his good clothes stacked neatly off to the side.

The boy looked at his older friend and said, "Let's hide his shoes so when he comes from the field, he won't be able to find them. His expression will be priceless!" The boy laughed.

The older of the two boys thought for a moment and said, "The man looks poor. See his clothes? Let's do this instead: Let's hide a silver dollar in each shoe and then we'll hide in these bushes and see how he reacts to that, instead."

The younger companion agreed to the plan and they placed a silver dollar in each shoe and hid behind the bushes. It wasn't long before the farmer came in from the field, tired and worn. He reached down and pulled on a shoe, immediately feeling the money under his foot.

With the coin now between his fingers, he stared at it in disbelief. Confused, he slid his other foot into his other shoe and felt the second coin. This time, the man was overwhelmed when he removed the second silver dollar from his shoe.

Thinking he was alone, he dropped to his knees and offered a prayer. They heard the poor farmer cry tears of relief and gratitude. He spoke of his sick wife and his boys in need of food. He expressed gratitude for this unexpected bounty from unknown hands.

After a time, the boys came out from their hiding place and slowly started their long walk home. The boys felt good inside, warm, changed somehow knowing the good they had done to a poor farmer in dire straits. A smile crept across their souls.

*What acts of kindness have you performed? What kindnesses by others have blessed your life?
Blessings, Pastor Clark*

WORSHIP IN AUGUST, 2014- Lounge at 2 PM

Tuesday, August 5th **Rev. James Harper** Notre Dame RC Church, Bethlehem

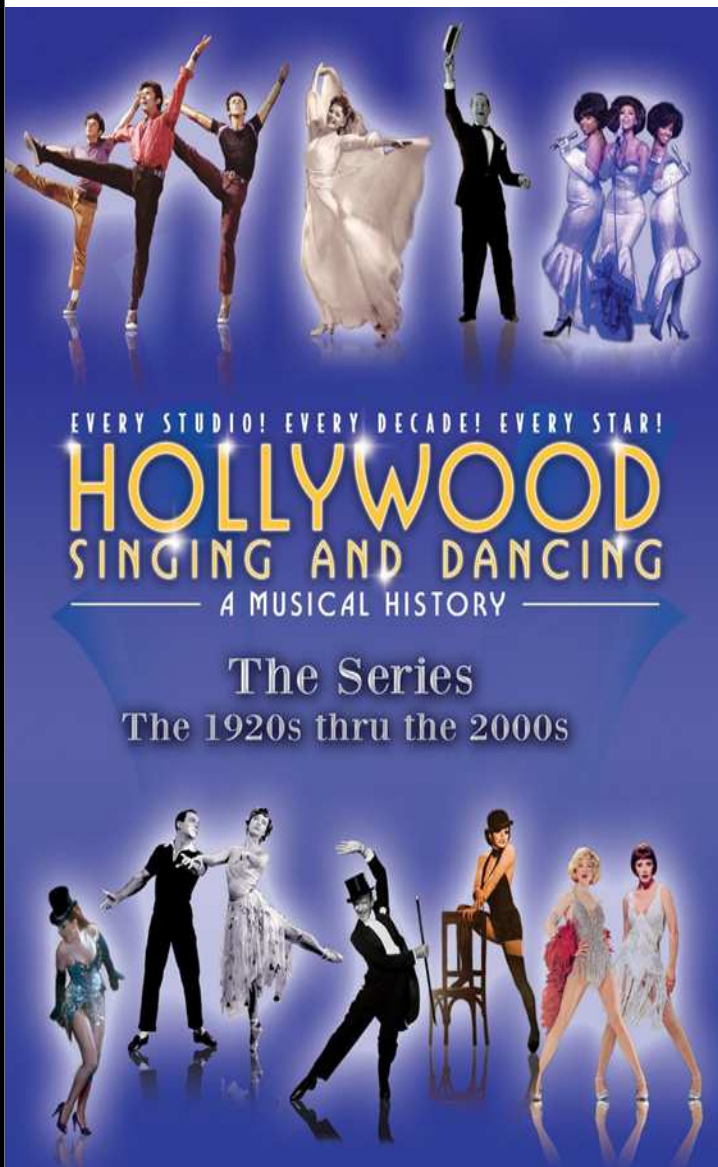
Thursday, August 14th **Rev. Larry Burd**, Calvary Baptist Church, Easton, PA

Thursday, August 21st **Rev. Donald Schwartz**, Lutheran, retired

Thursday, August 28th **Rev. David Schaeffer**, St. John Lutheran, Nazareth

BIBLE STUDY- Every Wednesday at 1 pm in the Patio. Studying the Gospel of Luke.

CHAT ROOM- Every Thursday at 10 am in the patio. All are welcome to share, learn, and meet their neighbors.



HOLLYWOOD SINGING AND DANCING-

A MUSICAL HISTORY- DVD

THURSDAY, AUGUST 21st AT 10 AM
IN THE LOUNGE

This is a fun-filled journey through the history of musical movies beginning with some black and white extravaganzas that lightened the dark days of the Depression, and continues through the rousing wartime songfests of the forties, into the heyday of the great MGM spectacles, and onto the early 2000 smash hits like CHICAGO and DREAMGIRLS.

Come join us in the Lounge on Thursday, August 21st at 10 am for this outstanding DVD which lasts about 1 hr. and 45 minutes. After you see it, you'll be singing and dancing!!

- sponsored by the Chat Room

BINGO WILL BE BACK ON MONDAY, SEPTEMBER 8TH.

Everyone is invited to come down and
enjoy an evening of **fun** and
socializing with your neighbors.

Elaine still needs **Bingo callers.**



Many Thanks

I would like to send out a sincere **THANK YOU** to all of the people who assisted in making **Westgate Drive** a safer place to walk. For those people who have to cross over from one side to the other, using the crosswalk can be dangerous.

Recently I contacted the **City of Bethlehem Police Department** for assistance to see about repainting the crosswalk and possibly installing some signs.

They responded immediately. They supplied the **yield sign**, **repainted the crosswalk** area and the **police** are randomly monitoring and ticketing aggressive drivers.

Please take the time to **thank** them when you see them.



FOR OUR RESIDENTS.



Van Trips



September 2014

DATE	DAY	TRIP	TIME
September 2	(Tuesday)	Weis Market	9:30 a.m._____
September 2	(Tuesday)	Dinner/Doughboys	4:00 p.m._____
September 3	(Wednesday)	Banks, CVS, \$ Store, Post Office	9:30 a.m._____
September 3	(Wednesday)	Dinner at Matey's	4:00 p.m._____
September 4	(Thursday)	Lunch/Movie at Promenade	10:45 a.m._____
September 5	(Friday)	Allentown Art Museum (Free Admission)/ lunch at Cafe	10:30 a.m._____
September 8	(Monday)	Twice As Nice-Women's Consignment Store 10% off for Seniors, Allentown	10:00 a.m._____
September 10	(Wednesday)	Giant	9:30 a.m._____
September 10	(Wednesday)	Bingo at Lehigh Valley Active Life	5:15 p.m._____
September 11	(Thursday)	Tri-Boro Spaghetti Night	4:45 p.m._____
September 12	(Friday)	Dinner at Outback Steakhouse Restaurant in Bethlehem	4:45 p.m._____
September 14	(Sunday)	West Park-Marine Band	3:00 p.m._____
September 15	(Monday)	Wegmans	9:30 a.m._____
September 16	(Tuesday)	Senior Bingo w/lunch (donations)	10:45 a.m._____
September 17	(Wednesday)	Leesport Farmers Market/Lunch	8:30 a.m._____
September 18	(Thursday)	Ehrhardt's Waterfront-Legally Gray Cost: \$39.00	8:15 a.m._____
September 19	(Friday)	Green Dragon Flee Market, Lancaster/Lunch	8:30 a.m._____
September 22	(Monday)	Circle Line Sightseeing Cruise- Cost: \$29.00/ Lunch \$12.00	8:30 a.m._____
September 23	(Tuesday)	Bloomsburg Fair (All day)	8:00 a.m._____
September 24	(Wednesday)	Shopping at Kmart/Burlington Coat Factory/ Ross Department Store	9:30 a.m._____
September 25	(Thursday)	Breakfast/Valley Farms	9:30 a.m._____
September 27	(Saturday)	Celtic Parade Festival in Bethlehem	10:30 a.m._____
September 29	(Monday)	Lunch/Doughboys	11:00 a.m._____
September 30	(Tuesday)	Breakfast/Wal-Mart	9:00 a.m._____

Please fill out the form and **bring to my office**, I will start collecting forms at **7 a.m.** on the first day of the month.

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.



2014

Sun Mon Tue Wed Thu Fri Sat

					<p>1 9:00 Walkers Club 10:00 Yoga 12:30 Tai Chi</p>	<p>2 9:00 Coffee & Donuts 12:30 Pinochle Party</p>
<p>3 1:30 Yarns Around</p>	<p>4 10:00 Exercise 11:30 Movie-42 <i>The Jackie Robinson Story</i></p>	<p>5 10:00 Zumba 2:00 Rev James Harper Notre Dame RC Church, Bethlehem</p>	<p>6 10:00 Exercise 1:00 Bible Study 3:00 Piano Playing</p>	<p>7 10:00 Chat Room 10:00 Book Fair 6:00 Blood Pressure Check</p>	<p>8 9:00 Walkers Club 10:00 Yoga 11:00 Second Harvest Food Delivery</p>	<p>9</p>
<p>10 5:00 Pizza Party</p>	<p>11 10:00 Exercise 2:00 <i>Speaker-Shingles</i></p>	<p>12 10:00 Zumba 1:00 Speaker-Senior Emergency Preparedness</p>	<p>13 9:00 Massage by Appointments 10:00 Exercise 1:00 Bible Study 6:00 Computer Class</p>	<p>14 10:00 Chat Room 2:00 Rev Larry Burd, Calvary Baptist Church, Easton, PA</p>	<p>15 9:00 Walkers Club 10:00 Yoga 12:30 Tai Chi</p>	<p>16 9:00 Manicures by Appointments</p>
<p>17 1:30 Yarns Around</p>	<p>18 8:30 Apartment Inspections 11/10 10:00 Exercise</p>	<p>19 8:30 Apartment Inspections 9/8 10:00 Zumba</p>	<p>20 8:30 Apartment Inspections 7/6 10:00 Exercise 1:00 Bible Study 3:00 Piano Playing</p>	<p>21 8:30 Apartment Inspections 5/4 10:00 DVD-Hollywood 2:00 Rev Donald Schwartz, Lutheran</p>	<p>22 8:30 Apartment Inspections 3-2-1 9:00 Walkers Club 10:00 Yoga 12:30 Tai Chi</p>	<p>23</p>
<p>24 5:00 Social</p>	<p>25 10:00 Exercise 11:30 Movie-42 <i>The Jackie Robinson Story</i></p>	<p>26 10:00 Zumba</p>	<p>27 10:00 Exercise 1:00 Bible Study 3:00 Piano Playing 6:00 Computer Class</p>	<p>28 10:00 Chat Room 2:00 Rev David Schaeffer St John Lutheran, Nazareth</p>	<p>29 9:00 Walkers Club 10:00 Yoga 12:30 Tai Chi</p>	<p>30 5:00 Social</p>
<p>31 1:30 Yarns Around</p>						<p>August</p>